



OFFERINGS: PB&J MEAL
GARDEN SALAD & FRESH FRUIT

Worcester County Public Schools

October 2018 High Schools

Specialty Salads

Week 1 – Garden Salad w/ Tuna Salad
Week 2 – Chicken Caesar Salad
Week 3 – Chef Salad
Week 4 – Garden Salad w / Chicken Salad

Monday

Deep Dish Pizza - New **1**
Teriyaki Chicken Sandwich
Steamed Oriental Blend
Chilled Mandarin Oranges
Milk

Crispy Chicken Tenders **8**
Hot Dog & Tots
California Blend Vegetables
Chilled Applesauce
Roll Milk

Crispy Popcorn Chicken **15**
Street Tacos w/ Beef Taco
Filling
Pinto Beans
Roasted Sweet Potato Chips
Chilled Fruit
Roll Milk

Shrimp Poppers w / Mac & Cheese **22**
Spaghetti w/ Garlic Bread
Seasoned Chopped Kale
Chilled Applesauce
Milk

Meatball Sub **29**
Oriental Orange Chicken
Brown Rice
Oriental Blend Vegetables
Chilled Fruit
Milk

Tuesday

Chicken & Waffles **2**
Asian-Influenced Meatballs
Brown Rice
Steamed Broccoli
Chilled Fruit
Milk

Nachos w / Tex Mex **9**
Cold Cut Sub
Roasted Sweet Potato Chips
Spinach
Chilled Peaches
Milk

Chicken Fajitas **16**
Pulled Pork Sandwich – New
Homemade Coleslaw
Steamed Green Beans
Apple Slices
Milk

Combo Meat Calzones w/
Marinara Sauce **23**
Cheese Steak Sub
Roasted Sweet Potato Chips
Steamed Green Beans
Chilled Peaches
Milk

Crispy Chicken Nuggets **30**
Breaded Mozzarella Sticks
Whipped Potatoes/Gravy
Steamed Baby Carrots
Chilled Pears
Roll Milk

Wednesday

Crispy Chicken Nuggets **3**
Breaded Mozzarella Sticks
Whipped Potatoes/Gravy
Steamed Baby Carrots
Chilled Pears
Roll Milk

Cheese Max Sticks **10**
w/ Marinara
Fish Tacos & Slaw - New
Baked Beans
Steamed Kale
Chilled Fruit
Milk

Turkey BLT Sandwich - New **17**
Nachos w / Tex Mex
Steamed Peas
Chilled Pears
Milk

Hot Turkey Sandwich **24**
Meatloaf
Whipped Potatoes / Gravy
Baked Beans
Steamed Baby Carrots
Chilled Fruit
Roll Milk

Cheese Max Sticks w/
Marinara Sauce **31**
Teriyaki Chicken Sandwich
Steamed Broccoli
Chilled Mandarin Oranges
Milk

Thursday

Cheese Steak Sub **4**
Chicken Breast Sandwich
Baked Beans
Steamed Corn
Chilled Watermelon
Milk

Meatball Wraps - New **11**
Oriental Orange Chicken
Brown Rice
Oriental Blend Vegetables
Fresh Fruit
Milk

Mickey's Cheese Pizza **18**
Cheeseburger
Emoji Fries
Mixed Vegetables
Fresh Fruit
Milk

Hot Dog & Tots **25**
Meatball Stroganoff - New
Steamed California Blend
Chilled Pears
Milk

Friday

Mickey's Cheese Pizza **5**
Cheeseburger w/ Let & Tom
Emoji Fries
Fresh Fruit
Milk

Pizza – Buffalo or Pepperoni **12**
Chicken Patty Sandwich
Seasoned Spiral Cut Fries
Steamed Corn
Chilled Fruit
Milk

 **19**

Big Daddy's Pizza **26**
Fish Sandwich w/ Cheese
Seasoned Spiral Cut Fries
Steamed Broccoli
Chilled Fruit
Milk

This institution is an equal opportunity provider.