



Worcester County Public Schools

OFFERINGS: PB&J MEAL
GARDEN SALAD & FRESH FRUIT

October 2018 K-8

Specialty Salads
Week 1 – Garden Salad w / Tuna Salad
Week 2 – Chicken Caesar Salad
Week 3 – Chef Salad
Week 4 – Garden Salad w / Chicken Salad

Monday

1
Deep Dish Pizza - NEW
Teriyaki Chicken Sandwich
Oriental Blend Vegetables
Chilled Mandarin Oranges
Milk

8
Crispy Chicken Tenders
Hot Dog & Tots
California Blend Vegetables
Chilled Applesauce
Milk

15
Crispy Popcorn Chicken
Street Tacos w/ Beef Taco Filling
Pinto Beans
Roasted Sweet Potato Chips
Chilled Fruit
Milk

22
Shrimp Poppers w / Mac & Cheese
Spaghetti w/ Garlic Bread
Seasoned Chopped Kale
Chilled Applesauce
Milk

29
Meatball Subs
Oriental Orange Chicken
Brown Rice
Oriental Blend Vegetables
Chilled Fruit
Milk

Tuesday

2
Chicken & Waffles
Asian- Influenced Meatballs
Brown Rice
Steamed Broccoli
Chilled Fruit
Milk

9
Nachos w/ Tex Mex
Cold Cut Sub
Roasted Sweet Potato Chips
Spinach
Chilled Peaches
Milk

16
Chicken Fajitas
Pulled Pork Sandwich – New
Homemade Coleslaw
Steamed Green Beans
Apple Slices
Milk

23
Combo Meat Calzones w/ Marinara Sauce
Cheese Steak Sub
Roasted Sweet Potato Chips
Steamed Green Beans
Chilled Peaches
Milk

30
Crispy Chicken Nuggets
Breaded Mozzarella Sticks
Whipped Potatoes / Gravy
Steamed Baby Carrots
Chilled Pears
Milk

Wednesday

3
Crispy Chicken Nuggets
Breaded Mozzarella Sticks
Whipped Potatoes / Gravy
Steamed Baby Carrots
Chilled Pears
Milk

10
Cheese Max Sticks w /Marinara
Fish Tacos w/ Slaw - New
Baked Beans
Steamed Kale
Chilled Fruit
Milk

17
Turkey BLT Sandwich - New
Nacho's w/ Tex Mex
Steamed Peas
Chilled Pears
Milk

24
Hot Turkey Sandwich
Meatloaf
Whipped Potatoes / Gravy
Baked Beans
Steamed Baby Carrots
Chilled Fruit
Roll
Milk

31
Cheese Max Sticks w/ Marinara
Teriyaki Chicken Sandwich
Steamed Broccoli
Chilled Mandarin Oranges
Milk

Thursday

4
Cheese Steak Sub
Chicken Breast Sandwich
Baked Beans
Steamed Corn
Chilled Watermelon
Milk

11
Meatball Sub
Oriental Orange Chicken
Brown Rice
Oriental Blend Vegetables
Fresh Fruit
Milk

18
Mickey's Cheese Pizza
Cheeseburger
Emoji Fries
Mixed Vegetables
Fresh Fruit
Milk

25
Hot Dog & Tots
Meatball Stroganoff - New
California Blend Vegetables
Chilled Pears
Milk

Friday

5
Mickey's Cheese Pizza
Cheeseburger w/ Let & Tom
Emoji Fries
Fresh Fruit
Milk

12
Pizza – Buffalo or Pepperoni
Chicken Patty Sandwich
Seasoned Spiral Cut Fries
Steamed Corn
Chilled Fruit
Milk

19


26
Big Daddy's Pizza
Fish Sandwich w / Cheese
Seasoned Spiral Cut Fries
Steamed Broccoli
Chilled Fruit
Milk

This institution is an equal opportunity provider.